



LIVONIA

DEFENSE CAMP

SIX WEEKS OF
DEFENSE SPECIFIC
DEVELOPMENT
TRAINING

18 hours of on ice training skill
development and weekly video sessions.

All participants will be eligible for one free video skating analysis on our
skatemill located at our 4D Training Center in Madison Heights, MI.



SCAN HERE

for more information
and to register!

(248) 346-4506 | 4dhockey.com

f /4dhockey | @4dhockey

Monday & Wednesday nights beginning June 2022

Eddie Edgar Ice Arena

Mites & Squirrels, Pee Wees & Bantams